

GREENBELT DISCUSSION CIRCLE OPTIONS



Common Security Club- Coming Together to Prepare for Economic Change

A common security club is a place where people come together to look at our real security in the face of the economic crisis. It is part study group, part self-help and mutual aid group, and part political action group. In these clubs, we learn about how we got into this mess and what we can do together to increase our economic security.

After an introductory session, a Common Security Club agrees to meet for five sessions to learn together, build security, and take action together. This is an outline of the first five topics.

SESSION ONE – HOW DID WE GET HERE?

First purpose of Common Security Club: Learning Together ~~ The Economic Crisis: How did we get here?
Watch video together or guest speaker and discussion ~~ Homework: Readings, video resources and comic book

SESSION TWO – EVERYTHING WILL CHANGE

Looking together at the dramatic economic and ecological changes we are facing ~~ How do we deal with change?
What does it mean for me? ~~ What makes us secure? What do we have together? ~~ Homework: Assess my real security in light of these changes

SESSION THREE – PERSONAL IMPLICATIONS

Second Purpose of Common Security Club: Mutual Aid –Acting Locally ~~ How is the economic crisis touching each of us personally? ~~ Personal worksheet to share in pairs/trios ~~ Sharing and identifying areas of common ground
Homework: Three examples of things people are doing together to increase personal economic security

SESSION FOUR – THINGS WE CAN DO TOGETHER

Examples of things people are doing together ~~ Video clips and examples ~~ Brainstorming ideas to increase security, reduce risks ~~ Identify mutual aid actions that the group could imagine doing. ~~ Homework: What is missing? What do we need from local government? ~~ What policies have to change at the national level?

SESSION FIVE – MAKING CHANGE

Third Purpose of Common Security Club: Social Action ~~ What rules and policies must change to increase our common security? ~~ Share Information on current legislative action and policy changes ~~ Identify 3 social actions the group could imagine taking ~~ Discuss continuation of the club and review list of possible next topics

Voluntary Simplicity (see other handout)

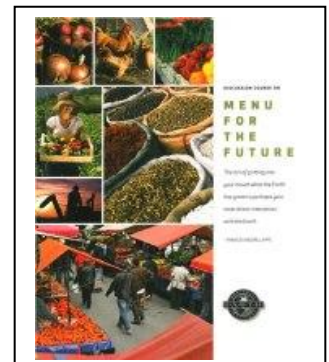
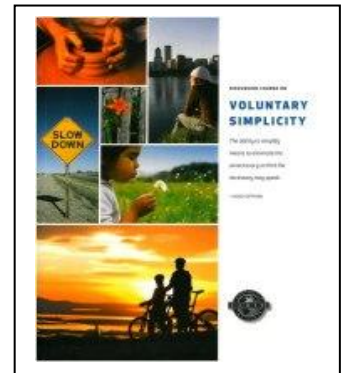
After an Introductory Meeting, group meets for 6 additional sessions on:

- * **Session One:** The Meaning of Simplicity
- * **Session Two:** Living More with Less
- * **Session Three:** Making a Living
- * **Session Four:** Do You Have the Time
- * **Session Five:** Living Simply and Sustainably
- * **Session Six:** Wrap Up & Next Steps

Menu for the Future (see other handout)

After an Introductory Meeting, group meets for 7 additional sessions on:

- * **Session One:** What's Eating America
- * **Session Two:** Anonymous Foods
- * **Session Three:** Farming for the Future
- * **Session Four:** You Are What You Eat
- * **Session Five:** A Just Food System
- * **Session Six:** Choices for Change
- * **Session Seven:** Wrap Up & Next Steps



FOR MORE INFORMATION OR TO SIGN UP FOR ANY OF THESE TOPICS, CONTACT LORE ROSENTHAL,
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